

Bulletin Editor: Phyllis Sakane Popovich Email: popovichps@hotmail.com

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Punahou Carnival Parking Project With Catholic Charities

On Friday and Saturday, February 1st and 2nd, the Nuuanu club will once again be working with Catholic Charities to help raise funds for both organizations through our joint Punahou Carnival Parking Project. Catholic Charities provides the parking area and the club provides the manpower to direct and collect a nominal fee for carnival attendees to park there. If you have not signed up to help and are able to, please contact Steve Wong.

YMCA Sunday observed

By Phyllis Sakane Popovich

On Sunday, January 27, 2019, the Nuuanu Y's Men and Women's Club observed YMCA Sunday by participating in a Prayer and Healing workshop sponsored by Hope Chapel Honolulu (HCH) at the Manoa Library. YMCA Sunday is a day when Y's Men recognize the "C" or Christian history and heritage of the Young Men's Christian Association.

The workshop started with worship music, followed by shares and prophetic words from members of the HCH prayer team. I then shared that some of our Y's Men and Women members from our club and other clubs were going through struggles of their own. Blair Stultz who led the workshop asked if the participants would be open to be anointed with oil and prayer. Each attendee received the Frankincense oil in their palms and were prayed for by members of the HCH prayer team. After that, there was sharing and fellowship, then a short talk given by Blair on "Repeat-After-Me" prayers. I was told prior to attending that the presence of the Holy Spirit is strong at these workshops, and it was so during our time there as we observed YMCA Sunday. In the midst of all us, God was there.

Those who attended were Steve Wong, Larry & Mae Hiranaka, Naomi Aimoto, Isaac Sakamoto, Maurice Shimonishi, Georgia Niimoto and Phyllis Sakane Popovich.



In reflection of our experience at YMCA Sunday, Maurice shared the following quote, "Thousands of candles can be lighted from a single candle, And the life of the candle will not be shortened. Happiness never decreases by being shared." ~ Shakyamuni Buddha.

FEBRUARY EMPHASIS

TIME OF FAST

Co-Regional Service Directors:

**RAY SETO
 ASHLEEANN ROWE
 KENT UYEHARA**

Kaimuki Y Service Club

CALENDAR

FEB 1-2 ... PUNAHOU PARKING PROJECT w/Catholic Charities

FEB 2 ... YMCA Annual Campaign Kick-Off, Dole Cannery Ballroom, 9:30-Registration, 10am-12pm Program & Brunch

FEB 4 ... NEXT CLUB MEETING

FEB ALL MONTH ... YMCA ANNUAL CAMPAIGN

FEB 28... Metro District and Convention Meeting, 5:30pm, Kalihi YMCA

FEB 28-Mar 3 ... Miki Tanikawa Visit.

MAR 4 ... CLUB MEETING

APR 1 ... CLUB MEETING

NEXT CLUB MEETING

**Monday
 February 4, 2019
 6:30pm to 7:45pm
 Nuuanu YMCA**

Food and drinks
 are made available

Hawaiian Region . US Area
 Chartered May 29, 1964

Brother Clubs
 Y's Men's Club of Osaka Centennial
 Y's Men's Club of Bauhinia

NU'UANU Y'S MEN & WOMEN'S CLUB

OFFICERS:

ISAAC SAKAMOTO	President
ALBERT LEE	Vice President
PHYLLIS SAKANE POPOVICH	Secretary
STEPHEN WONG	Treasurer

MEMBERS:

KATHY AHLO
NAOMI AIMOTO
CELINE ALLOUCHERY
JAMES CHONG
CHERYL DACUS
PAULA GRAY
GARY HIGASHIONNA
LARRY HIRANAKA
ANALEE KINNEY
GLENN MATSUKAWA
WESLEY NAKAMURA
JAMES OUCHI
MAURICE SHIMONISHI
ABI TAN

HONORARY MEMBERS

SUSAN KUWAHARA
GEORGIA NIIMOTO

A LITTLE FEBRUARY HUMOR

What did the bear say to his Valentine?
I love you beary much!

What did the stamp say to the envelope on Valentine's Day? I'm stuck on you.

Why did George Washington have trouble sleeping? Because he couldn't lie.

NU'UANU YMCA

1441 PALI HIGHWAY
HONOLULU, HI 96813
phone: 808-536-3556

RAY PURVIS
Branch Executive

DEBORAH THIERBACH
Associate Branch Executive

KATHY AHLO
Office Manager

CASSIDY INAMASU
Senior Youth Program Director

SAMIR TEVES
Membership Coordinator

KATHERINE HALL
Healthy Lifestyle Director

ALINA PIUNNO
Residency Director

YMCA NEWS

From the 2019-Annual Campaign-Brochure

YMCA Annual Campaign 2019 Goal: \$1 million

Since 1869, the YMCA of Honolulu has been a part of Oahu's communities, offering safe, nurturing environments where children can thrive; healthy activities that enable adults to change the course of their lives, and positive opportunities to help people from all backgrounds reach their full potential...

Please join our Annual Campaign and help continue our 150-year legacy of building stronger communities—one child, teen, adult and family at a time.

Give. For a better us.

www.ymcahonolulu.org

Atherton . Camp Erdman . Central . Kalihi . Kaimuki-Waiialae . Leeward . Mililani . Nuuanu . Windward

INTERNATIONAL NEWS

From Y's Men International

The TIME OF FAST FUND (TOF) is an annual International Y's Men's fund raising programme which began as monetary assistance made available to areas of developing countries by arrangement with the World Alliance of YMCAs.

TOF is now a popular programme where Y's Men members all over the world, traditionally give up at least one meal (usually during the month of February) and donate the cost of that meal to the TOF fund which in turn makes the money raised in this way available to projects sponsored by both Y's Men and the YMCAs all over the world. Since its inception in 1972 to date, TOF has raised about US\$ 7 million for development projects and disaster relief.

More information on TOF can be found at: <https://ysmen.org/Page/34935>

US AREA NEWS

REMINDER

The Joint USA/CAC Area Convention will be held on August 15-18, 2019, in Ottawa, Ontario, Canada. Accommodation and meeting site will be at the University of Ottawa. Registration is \$275 CAD. Includes all meals from Thursday, August 15 supper to Sunday, August 18 breakfast. Youth program for ages 18-26.

HAWAII REGION NEWS



The 83rd Hawaii Region Convention Registration Packet has been received!

The convention is being held on May 3-5, 2019 at the Ilima Hotel.

The theme is "E Hana Kakou, Let's Work Together."

Pre-Convention Activities include Arizona Memorial Tour/Waialeale Shopping Outlet and Diamond Head Hike/Ala Moana Shopping Center.

More information can be found at www.ysmenhawaii.org.

METRO DISTRICT NEWS

- The Windward Y Service Club will be having its annual Plant Sale on Saturday, February 2, 2019, from 9am to 1pm at the Windward YMCA Back Lanai.
- The next Metro District and Convention Meeting will be on Thursday, February 28, 2019, 5:30 pm at Kalihi YMCA.

CHRISTIAN EMPHASIS

From "The C In YMCA", published 2007 by YMCA of Greater Long Beach

The "C" in the YMCA is the foundation of the organization just as it was in 1844 when the YMCA was founded in London, England. In today's YMCA the "C" is demonstrated ...

- By the open door fellowship where all may come...
- By the strengthening and building of healthy bodies...
- By the meeting and activities of young people with freedom to make a joyful noise...
- By helping people be doers of the Word and not hearers only...
- By working for international understanding and peace...
- By a leader's willingness to listen, when giving all the answers would be easier...
- By dedicated efforts of volunteers and staff working together to provide quality programs and activities...
- By a concern for the well being of others.

The "C" in the YMCA can be seen in action in Y pools, gyms, camps, board of directors, parent-child and other programs that are designed to strengthen family life and provide for the development of the total person. The "C" in today's YMCA is alive and strong.